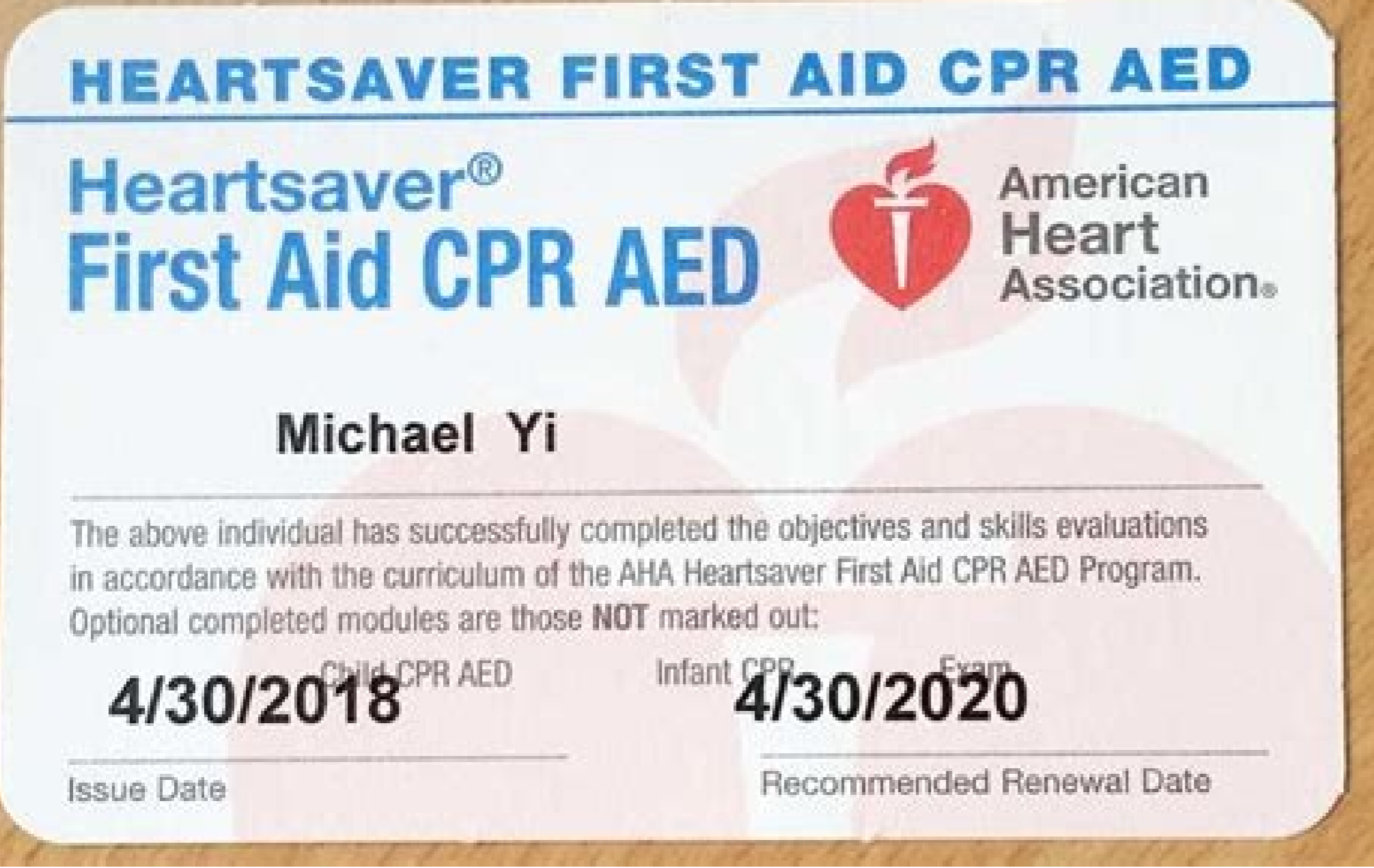
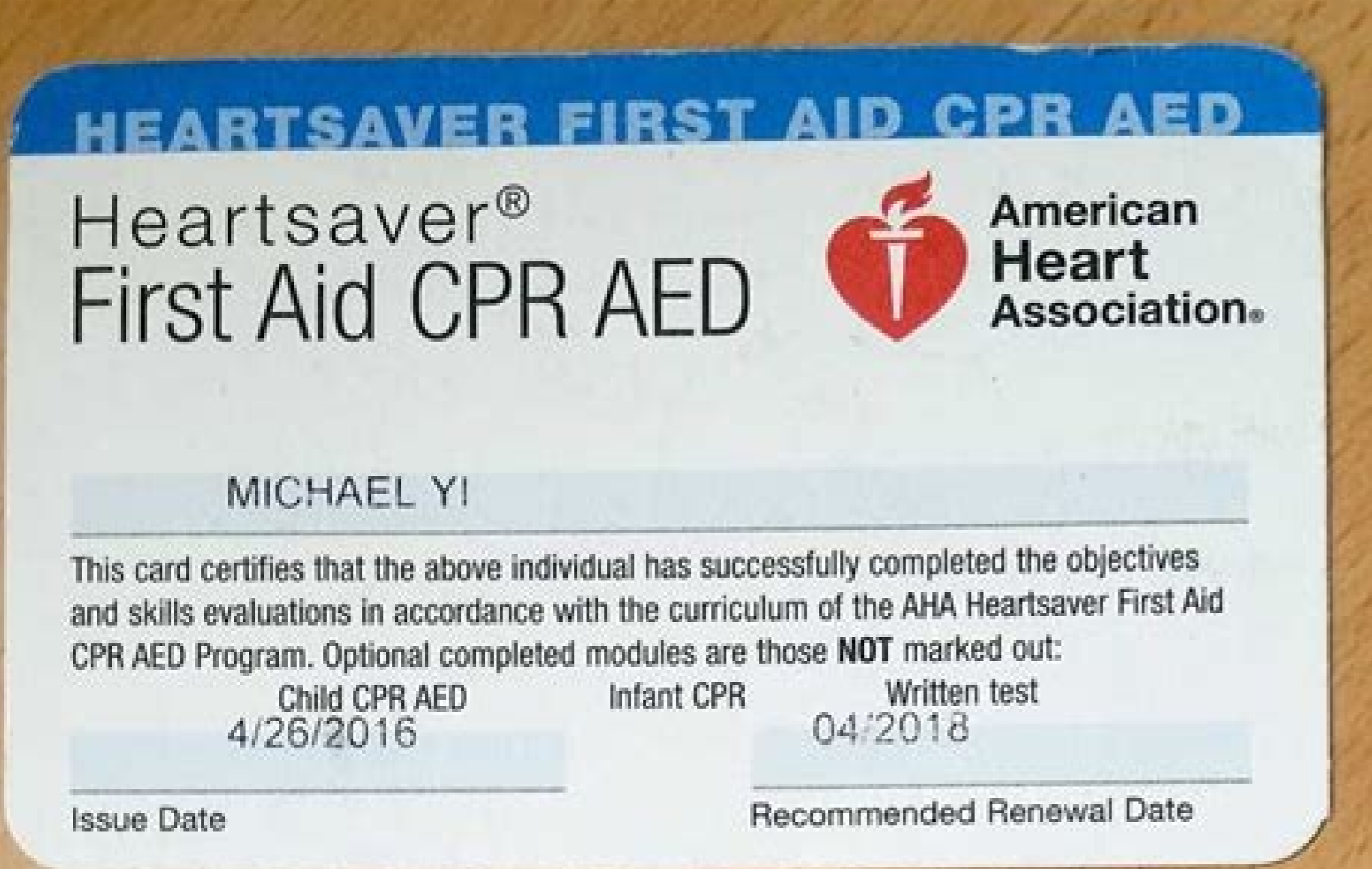


I'm not robot!



American heart association cpr answer key. How to find my american heart association cpr card. American heart association cpr test answers 2019 quizlet. American heart association cpr test review. American heart association cpr test questions and answers 2019.

© Copyright 2021 Wakelet Limited. All rights reserved. AED Sentinel is a technology-based remote AED monitoring system, designed and built by Readiness Systems, the nation's leading AED program compliance expert. AED Sentinel uses internet-connected hardware that keeps a watchful eye on your AEDs, along with an associated software platform and an intuitive user dashboard for monitoring, alerts and reporting. Why do I need AED Sentinel? Industry standards, AED laws and manufacturer guidelines make automated external defibrillator (AED) owners responsible for ensuring their life-saving devices are ready to work every time they are needed. The only question is if and how they actually get done. Today's reliance on human AED inspectors leads to a high rate of non-compliance, meaning large numbers of AEDs go uninspected or poorly maintained for long periods of time. As a result, more than 1 in 5 AEDs may not be ready for use (over 800,000 potentially unready AEDs in the U.S.). The consequences? Increased risk of AED failure, avoidable sudden cardiac death and lawsuits. Who should use AED Sentinel? Any organization with AEDs can benefit from the ease of ownership AED Sentinel provides. What makes and models of AEDs does AED Sentinel work with? AED Sentinel works with all current AED makes and models installed in wall-mounted cabinets. As of now, these include: Cardiac Science Powerheart G5 AED, Cardiac Science Powerheart AED G3 Plus, Defibtech Lifeline AED, Defibtech Lifeline AUTO AED, Defibtech Lifeline View AED, HeartSine Samaritan PAD 300P, HeartSine Samaritan PAD 350P, HeartSine Samaritan PAD 360P, HeartSine Samaritan PAD 450P, Philips HeartStart FRx AED, Philips HeartStart OnSite AED, Physio Control LifePak CR Plus AED, Physio Control LifePak CR2 AED, Zoll AED Plus. Have another AED model? Contact us. If we can support it, we'll be happy to add it to this list! Do my AEDs need to be in cabinets for AED Sentinel to work? Yes, AED Sentinel monitoring hardware is installed in AED cabinets where it keeps a watchful eye on your AEDs. What if my AED cabinet is plastic or non-metallic? No problem. We'll send you stick-on metal cabinet plates that will allow you to easily install AED Sentinel hardware. What type of batteries does AED Sentinel use? AED Sentinel does not require a fixed power source. Rather, AED Sentinel hardware uses 8 long-lasting, off-the-shelf AA alkaline batteries that you can easily replace. Do I need to get IT department approval or involvement to use AED Sentinel? No! Your IT team will love to hear that AED Sentinel securely transmits data via a cellular network, completely independent of your enterprise network. So, there's no need to bother IT for approvals and there are no complicated Wi-Fi setup challenges! What tools do I need to install AED Sentinel? None! AED Sentinel was designed to enable AED program managers to quickly self-install and foolproof their AED programs in minutes. All AED Sentinel hardware components attach magnetically to your AED cabinets. How often does AED Sentinel check my AEDs? AED Sentinel is always keeping a watchful eye on your AEDs. With daily checks, along with 24/7 automated monitoring of your AEDs and accessories, AED Sentinel has you covered. What types of AED Sentinel notifications will I receive? AED Sentinel's 24/7 automated monitoring alerts you to: AED cabinet door open, AED service required, AED batteries and pads require replacement. Will AED Sentinel tell me when my batteries or pads need to be replaced? Yes! AED Sentinel will alert you when AED batteries and pads are approaching the end of useful life and require replacement. Do I need to continue visually inspecting my AEDs? No! AED Sentinel eliminates the need for any human visual inspections. That said, once AED Sentinel alerts you to a required action, AED response and maintenance interventions remain your responsibility. What if I am already using a third-party AED program management tracking system? No problem. AED Sentinel can be used in partnership with your existing AED program management tracking system. Who is the team behind AED Sentinel? AED Sentinel is brought to you by Readiness Systems, the nation's leading AED program compliance expert. We wrote the national AED Program Design Guidelines that define industry standards, and now we bring technology-based services and solutions to help organizations of all sizes with their AED program readiness and compliance. How do I buy AED Sentinel? AED Sentinel is available through a wide variety of Readiness Systems partners, including equipment distributors, training organizations, program management companies, cabinet makers and others. Contact your trusted vendor to see if they are an authorized AED Sentinel distributor, or contact us for a quick distributor referral so you can purchase AED Sentinel today. How do I get help if I have a question? Please contact us with any of your questions. We'll keep a watchful eye out for you! CPR TEST PREPARATION and PRACTISE TEST QUESTIONS (2020) Perhaps you are taking a CPR class to be generally prepared or maybe the stakes are higher and passing is required for work or school. Regardless of the situation taking the test at the end of a CPR class can be nerve wracking but with proper preparation, a good instructor, and a few strategies not only will you pass but you will do great! What should I expect when taking the exam? Most traditional classes will have a written exam and a skills exam. The written exam will typically be 10-30 multiple choice questions testing a student's ability to recall facts and apply the things they learned to some basic scenarios. The skills test will, at a minimum, require the student to demonstrate high quality CPR on a manikin simulating an adult patient. The evaluator will be looking for a rate of

100-120 compressions per minute at a depth of 2 inches. They will also need to see the student call for and then use an AED as soon as possible. If the class is geared towards healthcare providers or other professional rescuers the skills exam will also include scenarios with children, infants, and two rescuers. Those classes will also include alternative breathing methods such as using a Bag Valve Mask or Face Mask. Online Classes If you are taking a class where you will likely be able to pause and repeat some sections. Take advantage of this feature. Once you think you fully understand a section try explaining what you learned in your own words to a friend. Maybe even try to teach them what you learned. If you can do this you've got a great handle on what was presented. If you can't then you will see areas that need further clarification. If you are stuck on a particular topic you may be able to find an explanation that helps you more through the American Heart Association's website (Heart.org). Quality online classes will still have a skills evaluation. This can be conducted remotely via video conference with an instructor or in person through a local instructor. If you are still confused by something you can take the opportunity of real time interaction with an instructor to ask your questions. Although some groups may offer an online program without a skills test many companies will not accept it. The skills you learn in a CPR class may need to be used in a time of crisis a year or more after the class was taken. It is hard enough for a student to remember those skills when they practiced them in class let alone if they only read about them and never actually did them. Preparing for the Exam Online or in person there should be a few key ideas that you can take away from each section of the class. For example when discussing the chain of survival for adults and child there are several differences but the most significant one is that the chain of survival for children starts with injury prevention. The reason for this is that most children are fundamentally healthy and have not had a life time of poor diet, limited exercise, and high blood pressure to lead them to develop heart issues. If you know this key difference between the chains of survival and the reason why, you will be able to apply that information in different forms on the test. A question might simply ask you to identify the first step in the pediatric chain of survival. Alternatively the question might be a little more difficult but revolve around the same key point and ask you to select which of several answers is incorrect and why. While taking notes try not to write down everything that is said or presented but rather focus on the things that are repeated or otherwise emphasized. Asking students to recall specific numbers or statistics are easy exam questions so consider making note of those things when they come up in class. The key numbers to know for a CPR exam based on the 2010 American Heart Association standards are: 30 Compressions for every 2 breaths given during one rescuer CPR for a child 30 Compressions for every 2 breaths given during one rescuer CPR for an infant 15 Compressions for every 2 breaths given during two rescuer CPR for a child 15 Compressions for every 2 breaths given during two rescuer CPR for an infant Compressions must be given at a rate between 100 and 120 per minute An adult's chest should be pushed down 2 inches during compressions Breaths should be given over 1 second Written Exam Take your time on the exam and do not rush. Rushing results in careless mistakes such as missing a qualifier in a question. If you are permitted to do so, write on the exam and cross out answers you are certain are wrong to help narrow down the decisions you have to make. Remember the order of Circulation, Airway, and Breathing and apply that to questions to help determine the first thing that should happen or if a step has already been taken what the next step should be. If there is ever a question about your safety during a scenario the correct answer is to remove yourself from danger and notify emergency responders. Questions will often fall into three general categories. Questions testing fact recall have a black and white answer and test your ability to remember a fact that was presented in class. Scenario based questions will give you information about a situation and ask you to apply skills or concepts from the class to that situation. In scenario based questions there may be two answers which both are factual. Try to find the answer that is most right or meets the qualifiers given in the question such as first, after, or next. Some questions will blend fact recall with scenarios by asking you to provide facts in response to a scenario. Sometimes these will be two part questions and two or three of the answers will have a portion that is correct. Confirm that both parts of the answer are correct. Skills Exam When practicing ensure that you make note of any feedback you are given. Practice based on the way you are instructed to ensure you internalize the feedback. Take a deep breath before starting. Proceed at a smooth and methodical pace to ensure that you do not miss a simple step that could result in failing that station. Often missing a step is the result of trying to memorize the steps in the given order rather than fully understanding why one step follows another. It can be helpful to state to the evaluator what you are about to do and then carry out the action. For example, if you have determined that someone requires CPR you could state I am now going to start chest compressions at a rate of 100-120 per minute while ensuring my compressions are hard enough to compress the chest 2 inches. If the evaluator happens to be looking at their check list when you do something they could miss the skill and mark it as not completed but by verbalizing and then doing it you ensure they give you deserved credit. Following these steps and reviewing your notes before taking an exam will ensure you pass and do well. The test may not be a matter of life or death but the skills you are learning are! Sample CPR Test QuestionsYou are a school counselor and enter an empty classroom to find two 11 year olds, one of whom is unconscious, appears blue, and has labored gasping breathing. The victim's friend tells you she collapsed after playing the "choking game". What do you need to do? Correct Answer: Send the friend to call for help and check for a carotid pulse Provide abdominal thrusts. Perform CPR at 30:2 for 2 minutes and then send the victim's friend to call 911. Leave the child, call for help, and have the friend start CPR. If you are performing CPR on a child and their chest does not rise with the first breath, what should you do? Correct Answer: Adjust the airway and give your second breath Perform abdominal thrusts and look in the airway. Stop efforts to resuscitate the child. Attempt a second breath without changes. What is the proper hand position when performing chest compressions on a 6 year old? Correct Answer: With one or two hands, lower half of breast bone. With two hands encircling the chest, thumbs on the breast bone. Two hands, upper third of the breast bone. Two hands, center of breast bone. You are babysitting an 8 month old child who is crawling on the floor when they suddenly starts coughing and gagging. What should you do? Correct Answer: Closely observe the child in case the symptoms worsen, at which time you must take action. Provide rescue breaths. Alternate between 5 chest thrusts and 5 back blows until the object is expelled. Provide abdominal thrusts until the object is expelled. What is the first link in the adult "chain of survival"? Correct Answer: Early recognition Preventing heart disease. Avoiding tobacco use. Early CPR While in a store you see someone suddenly collapse. The victim is a middle-aged woman who is not responding, unconscious, and gasping occasionally. What is the most likely cause and appropriate treatment? Correct Answer: Cause: Sudden Cardiac Arrest Treatment: CPR, Defibrillation with an AED Cause: Stroke, Treatment: Calling for help Cause: Choking, Treatment: Back blows Cause: Low blood sugar, Treatment: force feeding the victim You are helping an adult male who was thrown off a snow mobile at 50 MPH. He is unconscious and does not appear to be breathing. He does have a strong pulse. There is blood visible on both legs. How should you open the airway to give rescue breaths? Correct Answer: Jaw thrust, without tilting the neck Head tilt, chin lift Do not move the neck, use a CPR Mask Await professional help to arrive While performing CPR your chest compressions should be: Correct Answer: Hard and fast, with as few interruptions as possible. Gentle and slow Hard but slow with frequent interruptions to check for a pulse Gentle but fast A contractor is working on your home. He is electrocuted when his ladder touches a power line. He falls approximately 15' on to soft grass. The scene is safe. The power line is intact and the ladder fell away from the patient. The patient is unconscious. An AED has been connected and advises that a shock should be delivered to the patient. What should you do? Correct Answer: Ensure everyone is clear of the patient and then deliver the shock. Perform CPR for 2 minutes and then shock the patient. Check for a pulse. Ignore the AED, perform rescue breathing. While dining with a friend they suddenly grab their throat and cannot speak or make any sound. You ask if they are choking and they nod their head to indicate "yes". How should you proceed? Correct Answer: Perform a series of rapid abdominal thrusts. Have them lay down and begin CPR. Encourage them to cough. Provide back blows. More Sample CPR Test Questions (user submissions) Which airway obstruction is the most common one? How will as rescuer check the responsiveness of a victim? What technique is used for clearing the airway of the victim? What rule a rescuer should keep in mind, when giving compressions? For circulation, where you should check the victim's pulse? What you should do, in order to check if a victim is still breathing or not? What you should do, if a victim is not responsive? What rule you should remember, when giving compressions? What you should do when administering ventilation on an unconscious victim? If a victim has dentures, what should you do? What you should do once you have dial 911 for reporting a cardiac arrest?

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